



### AWARD

A unique Four-Plus Foolhardy Folks 100% embroidered patch designed by Dorman Batson, with IVV credit, is \$12.00; only 30 available, no reorders. IVV credit only is \$3.00.

**FREE participants are welcome but all must register, carry and return a start card.**

Maps and directions will be available at the event registration table.

(Restrooms available only at Kiwanis Park, none located at trailhead.)

### DIRECTIONS TO OTHELLO AND KIWANIS PARK

I-90 Eastbound from Seattle area to the Columbia River Bridge at Vantage. On the east side of the bridge, exit onto Highway SR-26 and stay on that road to Othello. Exit left (northbound) onto S. 1st Avenue; then right (eastbound) onto E. Elm Street. Turn right (southbound) onto 5th Avenue and into Kiwanis Park.

Alternate route: I-90 Eastbound to Moses Lake. Right (southbound) on SR-17 to W. Cunningham Road. Right (westbound) to S. Broadway Avenue. Left on Broadway (southbound). Turn left (eastbound) onto E. Elm Street. Turn right (southbound) onto 5th Avenue and into Kiwanis Park.

### Geocaching —

All three of the trails described have geocaches: Frog Lake Trail at GC11HG; Goose Lake Plateau Trail at GCHQ27; and Chukar Lake Trail at GC72D4, GCKZH2 and GC158NW. More information on those treasure hunts will be available at registration.

### Don't miss —

The Old Hotel Art Gallery, at the intersection of South Broadway Avenue and East Larch Street, in Othello offers two floors of arts and crafts, as well as specialty food items from the Inland Northwest. Also located in this 1912 state heritage building are the Visitor Center, Chamber of Commerce, and the All Scratch Bakery.

*Open Tuesday-Saturday, 10 a.m. -5 p.m.  
(bakery open Wednesday-Friday).*

### Accommodations —

#### OTHELLO

Quality Inn, 1020 East Cedar Street — Phone: 509-488-5671  
Mardon Resort, 8198 Hwy 152 SE — Phone: 800-416-2736

#### MOSES LAKE

Comfort Suites, 1700 E. Kittelson Road — 509-765-3731  
Fairfield Inn and Suites by Marriott, 2380 S. Malers Road —  
Phone: 800-349-7445  
Ramada Moses Lake, 1745 Kittelson Road —  
Phone: 844-302-0712  
Best Western Plus Lake Front, 3000 Marina Drive —  
Phone: 855-743-7038  
Quality Inn, 449 Melva Lane — Phone: 509-765-8886

#### POTHOLES STATE PARK

Cabin camping is available at Potholes State Park  
Phone: 1-888-226-7688 for information or reservations.

*Photos courtesy of Michele Upchurch, Ray Fauerbach and Marcia Stein.  
Brochure design by Sylva Coppock and Cheri Overman.*

## FOUR-PLUS FOOLHARDY FOLKS NORTHWEST HIKING WEEKEND



Friday, Saturday & Sunday

**April 20-22, 2018**

Kiwanis Park, Othello, Washington

Start time: 8 a.m. to Noon Friday and Saturday;

8 a.m. to 11 a.m. Sunday

Finish: 5 p.m. Friday and Saturday; 4 p.m. Sunday

**CONTACT INFORMATION: CHERI OVERMAN**

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**<https://fourplushikers.weebly.com/>**



## Join us in exploring the Columbia National Wildlife Refuge



The **Columbia National Wildlife Refuge (CNWR)** was established in 1944 as a feature of the Columbia Basin Irrigation Project. The refuge is situated just south of Potholes Reservoir, northwest of the town of Othello. It includes several reaches of lower Crab Creek, the longest creek in the United States. The area is dominated by scabland basalt formations scoured by the Missoula Floods from the last ice age, and the refuge is the primary feature in the Drumheller Channels National Natural Landmark. This arid landscape (eight inches of precipitation annually) in the rain shadow of the Cascade Mountains is dominated by low-elevation shrub-steppe, with scattered lakes, emergent marsh, willow woodland, and ungrazed riparian shrub habitats. Marsh impoundments and crop land are managed primarily for waterfowl and Sandhill Cranes, with two of five management units open to birding year round (the remainder seasonally). The wildlife refuge is an important migratory route for Sandhill Cranes. Their distinct calls are easily heard, enabling observers to locate flocks flying overhead.

*No recreational passes are required within the Columbia National Wildlife Refuge.*

### **Sanction: 109407 ~ Crab Creek/Frog Lake Trails**

Walk on trails in a scenic mixture of rugged cliffs, canyons, lakes, and sagebrush grasslands. Follow Crab Creek coulee for a short distance, then gently climb to a view loop, great for wildlife viewing and birding. Desert in bloom. The desert flora includes prickly pear cactus, sagebrush, and cheat grass. Walk includes three alternative hiking trails; walk any or all of them:

- **Frog Lake Trail** is a moderate three miles (5K/2B) with an elevation gain of 200 feet. Starting near Crab Creek, the trail promptly leads into the drier shrub-steppe habitat. Don't look for Frog Lake. It no longer exists!
- **Marsh Loop Trail** is an easy 1.8 miles (3K/1B), following Crab Creek and circling two marshes.
- **Crab Creek Trail** forms a moderate one mile loop (1.6K/1B) that primarily explores a riparian habitat along Crab Creek. Scattered willows and large patches of wild rose and golden current; this one is a favorite of birders.

These walks are appropriate for small children.

*Ray Fauerbach and Marcia Stein, Trailmasters*



### **Sanction: 109408 ~ Goose Lake Plateau Trail**

A new hike on game trails, within the Drumheller Channeled Scablands, reveals many features of a desert wetlands shaped by ice-age catastrophic floods. In this desert region you will walk past marshes, around lakes, and near several waterfalls. This trek will take you through grasslands, sagebrush and coulees, and near stunning rock formations, including to the top of a 150 ft. columnar basalt mesa with superb views. There are 5K and 10K options, less than 750 feet elevation gain/loss; but a 3C rating due to short but steep ascents/descents and some scrambling over a few rock faces where hands will be needed. Not suitable for small children.

*Cheri Overman and Michele Upchurch, Trailmasters*



### **Sanction: 109409 ~ Chukar Lake Trail**

This new hike will take you through desert wildflower meadows, set amidst a network of narrow and wide coulees, past marshes, ponds, lakes and potholes that support numerous wildlife species, and on to the top of basalt cliffs for magnificent views of Upper Goose Lake. The 5K walk is rated 2B; 10K rated 3C due to steep ascent and descent on game trails. The 5K option on the Chukar Lake Trail may be appropriate for small children, but not strollers.

*Margaret Stewart, Trailmaster*



*Sturdy hiking footwear recommended.  
 Dress appropriately and carry water.  
 Stay safe by keeping well back of cliff edges.  
 While some of the 5K walks may be walkable for children,  
 none of the 10K walks are suitable for small children,  
 strollers or wheelchairs.  
 Pets are allowed on leash in the wildlife refuge;  
 owners responsible for cleanup.*